

Gear Up For Safety!

Wheel/Bike Safety

1. Make sure your child wears a helmet and other protective gear every time he or she bikes, skates or rides a scooter.
2. Make sure the helmet fits snugly and does not rock back and forth. It should be centered on top of the head and remain strapped and buckled.
3. Make sure your child's bike is in good working order and is not too big.
4. If your child is under 10, make sure he or she cycles, rides a scooter or skates only on sidewalks, paths or other designated areas.
5. Teach your child the rules of the road, including all traffic laws.



Visit www.usa.safekids.org for more information!