

Gear Up For Safety!

Suffocation Prevention

1. Do not place blankets, pillows or other soft items in a baby's crib.
2. Do not place your baby in an adult bed or have them sleep with an adult.
3. Make sure the space between crib slats is smaller than a soda can. Make sure the crib's corner posts are the same height as the end panels.
4. Keep small items such as toy parts, coins, buttons, and beads away from children under age three. Any item that can fit inside a toilet paper roll core is a potential choking hazard.
5. Cut up food into small pieces that are easier to chew. Do not feed young children raw vegetables, nuts, hard candy, jellybeans, popcorn, raw unpeeled fruit slices, dried fruits, grapes, or chunks of meat, especially hot dogs whole or cut in "coins".
6. Don't dress children in clothing that is loose or has drawstrings if they will be playing on playground equipment.
7. Tie up window blind and drapery cords out of reach of young children.



Visit www.usa.safekids.org for more information!