

Gear Up For Safety!

Fall Prevention

1. Keep chairs, cribs and other furniture away from windows, and put window guards on all windows in all rooms above the first floor.
2. Teach children not to play on balconies, roofs, driveways, streets or parking lots.
3. Always watch children when they play on a playground.
4. Make sure your child is playing on age-appropriate playground equipment.
5. Look for a playground that has 12 inches of shredded rubber, hardwood fiber mulch or fine sand below the equipment.
6. When children are practicing and playing team sports, make sure they wear the right protective gear.



Visit www.usa.safekids.org for more information!